



Employee Benefits Guide

Temporary Benefits Eligible Employees*

2023

Updated July 25, 2023

*See next page for eligibility

Benefits Eligibility for Temporary City Employees

Benefits	тмр	ТМР	ТМР	ТМР	ТВЕ	ТВЕ
Program Temporary Employment Type	TMP: Interim/Short- term temporary assignment (assignment does not exceed 1,040 hours)*,*****	TMP: Less than half- time temporary (seasonal, on-call) that does not exceed 1,040 in the current year hrs*,*****	TMP: One or more Interim/Short term temp assignments. has worked 1,040 hrs*, **, *****	Variable Hour Temporary Employee (worked 30 hours or more per week on average during previous 12 months)*****, *****	Short- term/Interim temporary assignment (after assignment in effect for 1,040 worked hrs.)***	TLT: Term- limited temporary assignment (1-3 years)***
Medical	Not eligible	Not eligible	EE may purchase	Yes	Yes	Yes
Dental	Not eligible	Not eligible	EE may purchase	Yes	Yes	Yes
Vision (Basic)	Not eligible	Not eligible	EE may purchase	Yes	Yes	Yes
Vision (Buy- Up)	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible
AD&D	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible
Deferred Compensation	Yes	Yes	Yes	Yes	Yes	Yes
Employee Assistance Program	Yes	Yes	Yes	Yes	Yes	Yes
Flexible Spending Accounts	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible
Group Term Life (Basic)	Not eligible	Not eligible	Not eligible	Not eligible	Yes	Yes
Group Term Life (Supplemental)	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible
Long-Term Disability (Basic)	Not eligible	Not eligible	Not Eligible	Not eligible	Yes	Yes
Long-Term Disability (Supplemental)	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible
SCERS membership	Not eligible	Not eligible	***	Not eligible	***	****
Tobacco Cessation	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible

	ТМР	ТМР	ТМР	ТМР	ТВЕ	TBE
	Interim/Short- term temporary assignment up to 1 year (assignment does not exceed 1,040 hours)*,*****	Less than half-time temporary (seasonal, on-call) that does not exceed 1,040 hrs*,*****	One or more Interim/Short term temp assignments. Within 1 year individual has worked 1,040 hrs*, **, *****	Variable Hour Temporary Employee (worked 30 hours or more per week on average during previous 12 months)*****, *****	Short- term/Interim temporary assignment of up to 1 year (after assignment in effect for 1,040 hrs.)***	Term- limited temporary assignment (1-3 years)***
WW Savings	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible	Not eligible
Sick Leave	Yes	Yes	Yes	Yes	Yes	Yes
Vacation	Not eligible	Not eligible	Not eligible	Not eligible	Yes	Yes
Holiday Pay	Not eligible	Not eligible	Not eligible	Not eligible	Yes	Yes
Bereavement Leave	Not eligible	Not eligible	Not eligible	Not eligible	Yes	Yes
Jury Duty Compensation	Not eligible	Not eligible	Not eligible	Not eligible	Yes	Yes

*Receives premium pay. If conversion for a regular position is requested, the position becomes eligible forbenefits.

- **See <u>Personnel Rule 11.21 A</u> for more information on health care coverage for temporary workers who receive Premium Pay.
- ***Receives benefits in lieu of premium pay
- ****A temporary worker may elect to join the Seattle City Employees' Retirement System:
 - 1. Within 6 calendar months of completing 1,044 hours of compensated straight-time service; or
 - 2. Upon appointment to an eligible position if such appointment occurs after the work has completed 1,044 hours of City service but before they have completed 10,440 hours of City service; or
 - 3. Within 6 calendar months of completing 10,440 hours of continuous compensated straighttime service.
- *****To follow Health Care Reform requirements

*****Temporary employees who receive premium pay in lieu of fringe benefits will accrue one hour of paid leave for every thirty hours worked.

Exclusions:

- Work-study, interns and independent contractors are not eligible for benefits regardless of hours worked for the City.
- Benefits do not include health care or daycare flexible spending account programs, AD&D insurance, supplemental Group Term Life, supplemental Long-Term Disability, Long-Term Care insurance, Vision Buy-Up plan, Employee Assistance Program, tobacco cessation program, and Weight Watchers City pricing.

For assistance understanding the information in this document

- Need to speak with someone in a language other than English? Call the Benefits Unit at 206-615-1340, and we will help you access Language Line Services. You will have access toan interpreter and a Benefits Unit staff member to answer your questions.
- Hearing impaired? If you use a TDD, the City provides interpretation services. Call 7-1-1 or 1-800-833-6384 on your TDD. You will reach the Washington Relay Service. Please give them thenumber of the party you want to call. They will call the person for you, then interpret information from your TDD to the person you are calling.
- **Visually impaired?** This Employee Benefits Guide document is available in a larger font. To request an electronic copy, contact the Benefits Unit at 206-615-1340.
- Would you rather hear the information than read it? If your understanding improves by having someone read or paraphrase information, you can attend a benefits orientation. Orientations cover all City benefits and provide ample time for questions. You can meet with the presenter after the session if you have additional questions or questions you would like to ask confidentially. Orientations are every other week – enrollin <u>Employee</u> <u>Self-Service</u>, Training section.

If you need additional help or prefer to speak to someone confidentially, please email <u>Benefits.Unit@seattle.gov</u>.

Please note: We have made every attempt to ensure the accuracy of this information. If there is any discrepancy between this booklet and the insurance contracts, other legal documents, or the terms of an authorized collective bargaining agreement, the contracts, legal documents, and applicable collective bargaining agreements will always govern.

The City of Seattle intends to continue these plans indefinitely. Still, it reserves the right to amend or terminate them at any time in whole or part, for any reason, according to the amendment and termination procedures described in the legal documents. This booklet does not create a contract of employment with the City of Seattle.

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Employee Responsibilities

Temporary Benefits Eligible Employees are responsible for making benefit elections or changes by their deadlines, including Open Enrollment. They must notify their department's benefits representative of any family or employment status changes that impact benefits, such as marriage, legal separation, divorce, new or terminated domestic partnership, birth or adoption, a leave of absence, or a death in the family. If you add a dependent to City benefits, you will receive a letter from Alight Solutions, the City's business partner. The letter will have information on verifying eligibility by submitting the required documents.

Are You a New Temporary Benefits Eligible employee? You are responsible for making your benefits elections within 30 days of your hire date. It is important to note that if you **waive** City coverage when you are eligible as a temporary employee and later become a regular employee, you will have to wait until Open Enrollment to enroll.

Are you adding a new family member to your health care coverage? Contact your department's <u>benefits representative</u> within 30 days of marriage or new domestic partnership. You have 60 days to notify your representative of a birth or adoption for medical, dental, or vision coverage.

Are you dropping a family member from your health care coverage and Flexible Spending Account? Contact your department's <u>benefits representative</u> within 30 days of divorce, legal separation, or domestic partnership termination.

Are you planning a leave of absence? Contact your <u>benefits representative</u> about how it could affect your City benefits.

Are you designating or changing your beneficiary?

- · Life insurance Employee Self-Service
- · Retirement contact the <u>Retirement Office</u>
- · Sick leave see your <u>benefits representative</u>.
- · Deferred Compensation contact Nationwide or call (206) 447-1924

Are you moving? Update your address in Employee Self-Service.

Access benefits information from home at seattle.gov/human-resources/benefits.

Eligibility and Coverage Information

The City of Seattle provides employees and their families with a range of benefit options to support individual financial planning.

Medical

The City offers regular employees and their families* a choice among four medical plans:

- Aetna Preventive
- Aetna Traditional
- Kaiser Permanente Standard
- Kaiser Permanente Deductible

Dental

The City offers regular employees and family members* dental coverage through Delta Dentalof Washington and Dental Health Services.

Vision

The City offers vision coverage through VSP.

Life Insurance & Long-Term Disability (LTD)

The City offers Basic Long-Term Disability insurance and shares the cost of Basic Group Term Life insurance.

Deferred Compensation Plan

The City offers a "457 (b)"** tax-advantaged savings plan, which allows employees to invest current, pre-, and after-tax (Roth) earnings to generate additional retirement income.

Employee Assistance Program (EAP)

The City provides an independent professional, confidential counseling service to assist employees with personal or work-related problems.

*If you enroll a dependent, Alight Solutions, the City's business partner, will send a letter to your home within 2-3 weeks. The letter will request documents that confirm the eligibility of your dependent. Thank you for participating! For additional information about the verification process, go <u>here</u>.

**A retirement savings plan available to state and local government employers.

Temporary Benefits Eligible Employees to work at least 80 hours per month), you are eligible to participate in selected benefit programs when you meet the eligibility requirements of your position: Term Limited Assignment – on your date of hire of your 1-3 year assignment One or More Interim/Short-Term Assignments: after your short-term assignm of up to 1 year is in effect for 1,040 hours. This is your "eligibility date." See page 4 for when your coverage begins. The benefits you are eligible for are the medical, dental, vision, basic life, basic LTD, at deferred compensation plans (see pages 1-2). Eligible Family Members Your spouse or domestic partner; Your spouse or domestic partner; Your birth or adopted children, or children placed for adoption; Child eligibility Any child for whom you are the legal guardian Any child for whom you are the legal guardian Any child for whom coverage is required by a Qualified Medical Child Support Order (healthcare plans only). Please check the child eligibility requirements below.*,** Plan Age Other Medical, Dental, Vision, and Flexible Spending Account Up to age 26 (through age 25) Single -living with you -dependent on you for support		Eligibility and C	Coverage Infor	mation	
Members andvision programs: Your spouse or domestic partner; Your birth or adopted children, or children placed for adoption; Children of your domestic partner; Stepchildren; or Any child for whom you are the legal guardian Any child for whom coverage is required by a Qualified Medical Child Support Order (healthcare plans only). Please check the child eligibility requirements below.*,** Please check the child eligibility requirements below.*,** Plan Age Other Medical, Dental, Vision, and Flexible Spending Account Up to age 26 (through age 25) Do not have to be: -single -living with you -dependent on you for support May have access to other May have access to other Do not support	Temporary Benefits Eligible	 Term Limited Assignment – on your date of hire of your 1-3 year assignment One or More Interim/Short-Term Assignments: after your short-term assignment of up to 1 year is in effect for 1,040 hours. This is your "eligibility date." See page 4 for when your coverage begins. The benefits you are eligible for are the medical, dental, vision, basic life, basic LTD, and 			
• Your birth or adopted children, or children placed for adoption; • Children of your domestic partner; • Stepchildren; or • Any child for whom you are the legal guardian • Any child for whom coverage is required by a Qualified Medical Child Support Order (healthcare plans only). Please check the child eligibility requirements below.*,** Plan Age Medical, Dental, Vision, and Flexible Spending Account Up to age 26 (through age 25) • Living with you -dependent on you for support -living with you -dependent on you for support					
Child Eligibility Medical, Dental, Vision, and Flexible Spending Account Up to age 26 (through age 25) Do not have to be: -single -living with you -dependent on you for support May have access to other		 Your birth or adopte Children of your dor Stepchildren; or Any child for whom Any child for whom Order (healthcare place) 	ed children, or children plac nestic partner; you are the legal guardian coverage is required by a G lans only).	Qualified Medical Child Support	
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		and Flexible Spending	Up to age 26	-single -living with you -dependent on you for support May have access to other	
 *If you enroll a dependent, Alight Solutions will send a letter to your home within 2-3 weeks requesting documents that confirm your dependents' eligibility. Additional information is <u>here</u>. **Coverage may continue for a handicapped/incapacitated child if the child became disabled prior to the limiting age and provided that proof of his or her fully handicapped/incapacitated status has been documented by a physician. 		 information is <u>here</u>. **Coverage may continue for a handicapped/incapacitated child if the child became disabled prior to the limiting age and provided that proof of his or her fully 			

	Eligibility and Coverage Information
When do I enroll?	You must submit your benefits enrollment forms within 30 days of your benefitseligibility date (see prior page).
When does coverage begin?	Actual coverage in the plans in which you are enrolled will begin on either your eligibilitydate or the first day of the month following your eligibility date. You have two options to enroll yourself and your eligible dependents:
How do I enroll?	 through <u>Employee Self-Service</u>, which is preferred if you are unable to enroll in Employee Self-Service or do not have access to a computer, contact your Department's <u>Human Resources</u> <u>Representative</u> to request a Benefits Election Form to complete and return to them.
	If you miss the deadline, you will be defaulted into certain benefits and ineligible forothers. You must wait for the next Open Enrollment period to make changes.
	If you do not enroll in basic life insurance when first eligible, you will be required to complete a <i>Medical History Statement</i> or <i>proof of good health</i> for the insurance carrier, and you are not guaranteed coverage as you are when first eligible.
	You may decline coverage, but will not be eligible for premium pay in lieu of benefits asa result of declining coverage.
	What if I miss the enrollment deadline? If you fail to enroll within 30 days of becoming benefits-eligible, you will automatically beenrolled for dental and basic vision coverage. Your dental coverage will default to the Delta Dental of Washington plan.
	Starting after January 2, 2018, if you are newly eligible for health coverage and don't actively elect or waive medical coverage, you will automatically be enrolled in the AetnaTraditional employee-only plan. This plan requires no premium contribution from you.
Waiving Coverage	If you waive coverage and later become a regular employee, your next opportunity toenroll will be during Open Enrollment.

	Eligibility and Coverage Information
Continuing Eligibility	To remain eligible for City paid benefits, you must have at least 80 hours of paid time during the calendar month. If the number of hours worked per month is less than 80 hours, benefits will be terminated, you will be responsible for any charges incurred.
How do I enrollmy family members?	 There are two opportunities to enroll family members: Open Enrollment Life Event or Family Status Change, for example: Within 30 days of marriage, establishment of a domestic partnership,legal guardianship or a dependent losing coverage on another plan Within 60 days of your child's birth or adoption event for health carecoverage Other examples of a Life Event or Family Status change can be found onPages 6 and 7. If you add a family member outside of Open Enrollment, you must complete a <u>Benefits Change Form</u> and submit it to your department's Benefits Representative. If you miss the enrollment deadline, you can enroll your family member(s) at the next open enrollment period, generally in the fall. After you enroll a dependent, Alight Solutions, the City's business partner, will send a letter to your home within 2-3 weeks. The letter will request documents that confirm the eligibility of your dependents. Additional information about the dependent eligibility verification process is <u>here</u>. Visit <u>https://www.seattle.gov/human-resources/benefits</u> for more information. Call your department's <u>human resources or benefits</u> for more information. Call your department's <u>human resources or benefits</u> or the City's Benefits Unit at 206-615-1340 if you have questions.

	Eligibility and Coverage Information
How do I disenroll my family members?	If you need to remove a family member from coverage outside of Open Enrollment, submit a completed Benefit Election Form to your department's <u>benefits representative.</u>
	If you end your spouse or domestic partner's coverage due to a legal separation, divorce, or termination of the domestic partnership, submit a completed Statement of Termination of Marriage/ Domestic Partnership form or a Notice of Termination of State Registered Domestic Partnership within 30 days of the legal separation, divorce or domestic partnership termination.
Changing Your Benefits	 There are two opportunities to change your benefit choices: Open Enrollment Within 30 days of a qualifying change in family or job status
	Open Enrollment Open Enrollment is held once each year in the fall. You can change your benefits plans, add and drop family members, and add or drop coverages during this time. If you make changes during Open Enrollment, your new coverage is effective on January 1 of the new (next) plan year. Increases in your Life insurance coverage are subject to the approval of your <i>Medical</i> <i>History Statement</i> by the life insurance carrier.
	Life Events/Family Status Changes that May Affect Your Benefits You must enroll a new spouse or domestic partner within 30 days of your marriage or establishment of a domestic partnership. You have 60 days to add a child acquired through birth, adoption, or placement for adoption. <i>If you miss the deadline</i> , you can only add family members during the annual fall Open Enrollment period. If you have a change in family status, you may be able to make a related change to
	 your benefits. Here are several examples. Contact your department's benefits representative if any of the following occur: You adopt a child - you may add coverage for that child (you may add coverage for your other dependents at that time)
	 for your other dependents at that time). Your child loses coverage under your spouse's coverage - you may add this child to your plan. You get married or form a domestic partnership - you may enroll your new spouse or domestic partner and his/her eligible children. Your spouse or domestic partner loses coverage due to termination of employment, change in employment status, or beginning an unpaid leave of
	absence – you may add your spouse or partner to the plan.

[Eligibility and Coverage Information
When Coverage Ends	 Your spouse or domestic partner gains coverage due to start of employment, change in employment status, or ending an unpaid leave of absence-you may drop your spouse or partner from the plan. You get divorced, separate, or dissolve a domestic partnership – you must drop the spouse or domestic partner from the plan. Your child no longer meets the age requirements for medical/dental/vision – your child will be dropped from coverage. Your medical/dental/vision, Basic and Supplemental Long-Term Disability, Basic and Supplemental Life and AD&D coverages end on the last day of the calendar month in which you: Are no longer eligible Resign, retire, or are terminated Stop making any required payment.
Continuing Coverage Under COBRA	To help you continue your health coverage, Congress passed the Consolidated Omnibus Reconciliation Act (COBRA) in 1986. Under COBRA, you are eligible to purchase medical only, dental/vision only, or medical/dental/vision coverage under certain circumstances when your group health plan coverage with the City ends. If you are a City of Seattle employee and have City medical, dental and vision coverage, you and your covered family members have the right to elect
	 COBRA continuation coverage for up to 18 months if your coverage is lost because of one of these qualifying events: Your employment ends for a reason other than gross misconduct Your work hours are reduced to the point where you no longer are eligible for benefits. The 18-month COBRA continuation period may be extended to 29 months if you or a
	 family member (who is a qualified beneficiary) is disabled according to Social Security at the time of one of the above qualifying events. This 11-month extension is available to all qualified beneficiaries who lose coverage due to termination of employment or a reduction of hours. Covered family members have the right to choose COBRA continuation coverage for up to 36 months if coverage is lost for any of these qualifying events:

	Eligibility and Coverage Information
	 Death of the employee Divorce or legal separation of the employee and spouse or dissolution of the domestic partnership. A child loses coverage (turns 26)
	The Life and disability plans have conversion options.
Coverage through Health Insurance Exchange	As an alternative to COBRA, you may choose an individual medical plan through the health insurance exchange. Depending on your income and the number of dependents you cover, you may find a plan on the exchange that fits your coverage needs. More information at <u>www.wahealthplanfinder.org</u> .
Coverage through a City Retiree Plan	When you are eligible to retire, you will receive a packet of information about the City's retiree medical plans at your Retirement Office appointment. If you want to participate in a retiree medical plan instead of COBRA or a Health Insurance Exchange plan, be aware that you must choose a plan at least 30 days <i>before you retire</i> . In some cases, you can delay your enrollment in a City retiree medical plan if you are covered under another employer's plan. Contact the Benefits Unit at Benefits.Unit@seattle.gov for more information about the plans.

	Paying for Benefits
	Medical, Dental, and Vision If you elect medical coverage, the City of Seattle pays most of the premium for you and your eligible, enrolled family members. The amount you pay depends on which plan you select and whether you cover a spouse or domestic partner.
Your Payroll Deductions	Medical premiums are deducted each month on a pre-tax basis. (Premium amounts paid for a domestic partner cannot be taken on a pre-tax basis if your partner is not a dependent on your IRS tax form.)
See page 24 for medical premiums	Your share of the cost for your medical premium is taken in equal amounts from the first and second paychecks of the month during the month of coverage on a pre-tax basis. For example, premium deductions taken from your March paychecks provide for March coverage.
	The City fully pays the dental and basic vision plan for most employees. Life Insurance Your basic and supplemental life insurance after-tax premium deductions are taken from your second paycheck of the month for the next month's coverage.

Benefits and Financial Planning

Because everyone's medical and financial situations are different, the City offers a variety of plans to help protect employees and their families from the financial hardship that unusual medical expenses can bring. The plans are designed to cover much of the cost of medically necessary health care services. However, employees still bear a portion of their medical service costs in the form of premiums, deductibles, copayments and coinsurance.

Since health care costs may be unanticipated, it makes sense to plan in advance and save for your out-of-pocket costs. Here are ways to cut costs and save money.

- Quit smoking and encourage your family to quit.
- Be more active and eat nutrient-dense food. Many diseases and conditions are preventable, and healthy behavior reduces your future health care costs and enhances your life now.
- Go to check-ups and screenings. Have regularly scheduled physical examinations by your doctor, dentist, eye doctor, and so on. Take advantage of free medical screenings, flu shots and go to the City's benefits fairs.
- Choose the best health plan for you and your family. There is more to selecting a good health plan *than just the payroll deduction*. If you are shopping for a health plan, compare the premiums, copayments, co-insurance and what is and is not covered by the various plans.
- Stay within the network. Look for doctors and healthcare providers within your plan's network.
- Review medical bills carefully. Billing errors can cost hundreds or even thousands of dollars. Contact the billing office if there is an error or you do not understand your bill. You may be able to negotiate fees and bills that you feel are too high.
- Enroll in Reach to support your physical, emotional, and financial well-being goals. Go to cityofseattle.limeade.com and register. For access to Reach on the go, download the Limeade app and enter the City of Seattle code: seattle.

	Medical Plan Options
Medical Plans	The City offers four different medical plans:
	 Aetna Preventive Plan Aetna Traditional Plan Kaiser Permanente Standard Plan Kaiser Permanente Deductible Plan
How to Choose a Medical Plan	Plan features, coverages, and costs vary. The plans with Aetna offer an unlimited choice of doctors; coverage is higher if you use doctors in the Aetna network. The Kaiser Permanente plans require that you use their network of doctors, clinics, hospitals, and pharmacies but offer a higher level of coverage.
	Plans offering higher coverage (Aetna Preventive and Kaiser Permanente Standard) have lower copays but higher monthly premiums. The Aetna Traditional Plan has a larger annual deductible and lower or no monthly premiums.
	When making your decisions, you should consider cost, choice, and coverage. Here are some questions to ask yourself:
	 Do you want a plan that allows you to choose any doctor, hospital, or clinic (Aetna plans), or are you willing to stay within a network (Kaiser Permanente plans) and receive a higher level of coverage?
	 Would you prefer to pay higher monthly premiums to have a small annual deductible (Aetna Preventive Plan) or no annual deductible (Kaiser Permanente Standard Plan) and smaller copays?
	 Would you rather pay lower or no monthly premiums and have higher coinsurance and deductibles (Kaiser Permanente Deductible and Aetna Traditional plans)?
	The following very brief plan descriptions may help you make these choices.
	New Temporary Benefits Eligible Employees: Remember - You have 30 days from your hire date to enroll in the medical, dental, vision and Group Term Life plans. If youdecline coverage when eligible as a temporary employee and later become a regular employee, you will have to wait until Open Enrollment to enroll.

	Medical Plan Options
Aetna	The City of Seattle has two plans with Aetna — the Preventive Plan and theTraditional Plan. The plans use the Aetna provider network, and Aetna administers the claims.
Preventive Plan	This plan has a \$100 annual deductible per person (\$300 per family) and a \$15 copay for all office visits except preventive care (which is covered at 100%). The deductible applies to most services except where a copay applies. Mostother services are covered at 90% after a copay if you use an Aetna networkprovider.
Traditional Plan	This plan has a \$400 annual deductible per person (\$1,200 per family). Mostservices are covered at 80% if you use an Aetna network provider. Most preventive care is not covered.
What If I Don't Use the Aetna Network?	If you choose a provider who is not in the network, you will pay a higher percentage of the visit cost. Non-network provider prices are often higher thannetwork provider prices. If you use a non-network provider, you will pay 40% of the network service cost, and your doctor may charge you an additional amount above the network price.
Accolade	Contact Accolade at 866-540-5418 or <u>https://login.myaccolade.com/login</u> forcustomer service. Get support with treatment decisions, benefit coverage questions, help to find a doctor or specialist, claim denials or complaints, prescription plan, and formulary questions.
Aetna.com	Locate detailed claim information at <u>Aetna.com.</u>
Teladoc	Talk to a doctor anytime by phone or video. Be treated for health issues, including cold and flu symptoms, allergies, and skin problems. You can also seea behavioral health provider and establish an ongoing relationship for issues such as depression and anxiety. Register at https://member.teladoc.com/signin .
Urgent Care	Contact an Accolade Health Assistant at 866-540-5418 to find an urgent carefacility near you. Or check your account at <u>Aetna.com.</u>

	Medical Plan Options
Kaiser Permanente	Kaiser Permanente is a health maintenance organization that provides an integrated system of health care services. Kaiser delivers all services within Kaiser Permanente facilities or its contracted network providers. You must use Kaiser Permanente contracted providers and facilities unless a doctor refers you elsewhere. You do not need a physician's referral to see most Kaiser Permanente specialists.
Kaiser Permanente Standard Plan	The City offers two plans through Kaiser Permanente. The Standard Plan is a managed care plan with no deductible and an office copay of \$15. The Kaiser plans cover most services at 100% after payment of a copay. Preventive care is covered.
Kaiser Permanente Deductible Plan	The Deductible Plan has a \$200 annual deductible per person (\$600 per family) and a \$15 office copay. The deductible does not apply to ambulance service, prescription drugs, durable medical equipment, and preventive visits (preventive visits do have a copay). After the deductible is satisfied, the Deductible plan covers most services at 100% after the copayment.
Accolade	The health care website is at <u>KP.org/wa</u> . Members can request appointments and exchange emails with their provider, view their online medical records, refill prescriptions online, and view lab and test reports. The provider and facility directory and drug formulary are all accessible online. In addition, a mobile application is available.
	Accolade is a third-party resource that offers healthcare advocacy services at no cost. Kaiser members may use Accolade to supplement the Kaiser care team, member service, and advice line. Contact Accolade at 866-540-5418 for health and benefits questions.
Health Profile Care Chat &	Kaiser has a health risk assessment called <i>Health Profile</i> . Members complete the profile online and receive a report and personalized action plan. Free healthy lifestyle coaching is also available.
Online Visits	Care Chat is a free online messaging feature that lets you get real-time care from a provider. Access through your account at kp.org/wa.
Consulting Nurse Service	Not sure what kind of care you need? Call Kaiser's Consulting Nurse Service 24/7 at 1-800-297-6877 (TTY 711).

Medical Plan Comparison Examples

The following table compares the plans in four different scenarios where employees would use services: a routine physical exam, a regular office visit (such as for an illness), outpatient treatment at a hospital, and surgery performed by a specialist. Costs for services are compared by plan. For a more complete summary of benefits by plan, see the below table.

	Preventive Plan		Traditio	nal Plan	Kaiser Permanente		
	In-network	Out-of- network	In-network	Out-of- network	Deductible Plan	Standard Plan	
Individual deductible	\$100	\$450	\$400	\$1,000	\$200	None	
Family deductible	\$300	\$1,350	\$1,200	\$3,000	\$600	None	
Routine physical exam	Paid at 100%	Paid at 60% after satisfaction of deductible for mammogram and ob/gyn exams only.	Paid at 80% after satisfaction of deductible for mammogram only. No other preventive care covered.	Paid at 60% after satisfaction of deductible for mammogram only. No other preventive care covered.	Paid at 100% after \$15 copay	Paid at 100% after \$15 copay	
Office visit	Paid at 100% after \$15 copay	Paid at 60% after satisfaction of deductible	Paid at 80% after satisfaction of deductible	Paid at 60% after satisfaction of deductible	Paid at 100% after \$15 copay and satisfaction of deductible (copay applies to deductible)	Paid at 100% after \$15 copay	
Outpatient treatment at a hospital	Physician charges paid at 100% after \$15 co-pay. After satisfaction of deductible, other charges paid at 90%.	After satisfaction of deductible, physician and other charges paid at 60%.	After satisfaction of deductible, physician and other charges paid at 80%.	After satisfaction of deductible, physician and other charges paid at 60%	After satisfaction of deductible and \$15 copay (copay applies to the deductible), physician and other charges paid at 100%.	Paid at 100% after \$15 copay.	
Inpatient Surgery	Paid at 90% after \$200 inpatient copay	Paid at 60% after \$200 inpatient copay and satisfaction of deductible.	Paid at 80% after \$200 copay.	Paid at 60% after \$200 inpatient copay and satisfaction of deductible.	Paid at 100% after satisfaction of deductible.	Paid at 100% after \$200 inpatient copay	

2023 Medical Plan Comparison - Most City of Seattle Employees

The purpose of this document is to help you make decisions; it is not a contract. Details are provided in your medical plan booklet at https://www.seattle.gov/human-resources/benefits/employees-and-covered-family-members/most-employees-plans.

Kaiser Pe	rmanente*	City of Seattle T	raditional Plan*	City of Seattle F	Preventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Deductible (per calendar y	/ear)				
No Deductible	\$200 per person	\$400 per person	\$1,000 per person	\$100 per person	\$450 per person
	\$600 per family	\$1,200 per family	\$3,000 per family	\$300 per family	\$1,350 per family
	Deductible applies as				
	noted except for	Deductible applies to most	services, except as	Deductible applies to most	services, except as noted.
	prescriptions, preventive	noted. Deductible does no	t apply for prescriptions	Deductible does not apply	for prescriptions or when
	visits, ambulance, and	or when the Inpatient co-p	ay or emergency room	the Inpatient co-pay or em	ergency room co-pay
	durable medical	co-pay applies.		applies.	
	equipment.				
Annual Out of Pocket Max	kimum (OOP Max) includes r	medical coinsurance. The O	OP Max excludes the dedu	ctible and prescription drug	g copays/coinsurance.
Includes m	edical copays	Excludes copays		Excludes copays	
\$2,000 per person	\$2,000 per person	\$1,000 per person	\$2,000 per person**	\$2,000 per person	\$3,000 per person*
\$4,000 per family	\$6,000 per family	\$3,000 per family	\$6,000 per family*	\$4,000 per family	\$6,000 per family*
Total Out of Pocket Maxin	num includes medical coinsu	irance and the deductible. T	he total OOP Max exclude	es prescription drug copays/	coinsurance.
Includes m	edical copays	Excludes	s copays	Excludes copays	
\$2,000 per person	\$2,000 per person	\$1,400 per person	\$3,000 per person	\$2,100 per person	\$3,450 per person
\$4,000 per family	\$6,000 per family	\$4,200 per family	\$9,000 per family	\$4,300 per family	\$7,350 per family
Hospital Copay		•		<u>-</u>	
\$200 per admission	Deductible applies	\$200 copay	\$200 copay	\$200 copay	\$200 copay
		per admission	per admission	per admission	per admission
Hospital Pre-admission Au	Ithorization	•			
Except for maternity o	r emergency admissions,	Except for maternity or em	nergency admissions, your	Except for maternity or er	mergency admissions, your
must be authorized	by Kaiser Permanente	physician must contact Aetna before your		physician must contact Aetna before your admission	
		admission. The member is	responsible for obtaining		
		precertification of o	ut-of-network care.	precertification of out-of-network care.	

Kaiser Permanente*		City of Seattle Tr	aditional Plan*	City of Seattle Preventive Plan*	
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Choice of Providers		•		•	
Facilities or network pro ref	vided at Kaiser Permanente oviders Members may self- fer to nanente specialists.	Aetna contracted providers. No primary care physician selection or referrals required.	, , ,	Aetna contracted providers. No primary care physician selection or referrals required.	Any licensed, qualified provider of your choice. Expenses paid based on recognized charges*. You pay the difference between recognized and billed charges.
COVERED EXPENSES					
Abortion					
Paid at 100% after \$15 copay	\$15 copay Deductible applies	Paid at 80% after deductible. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.	satisfaction of the deductible. Plan will pay up to \$10 K travel and lodging allowance if	Paid at 90% after deductible. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.	
Acupuncture					
\$15 copay for up to 8 visits per medical diagnosis per calendar year. Additional visits when approved.	\$15 copay for up to 8 visits per medical diagnosis per calendar year. Additional visits when approved. Deductible applies.			Paid at 100% after Paid at 60% \$15 copay Up to 20 visits per calendar year in- and out-of- network combined	
Alcohol/Drug Abuse Treat	tment (inpatient)				
Paid at 100% after \$200 copay per admission	Paid at 100% after deductible	Paid at 80% after \$200 copay Review and coordinatio situations, including reside and partial ho	copay on of care in complex ential treatment centers	Paid at 90% after \$200 copay Review and coordinati situations, including resid and partial hc	ential treatment centers

Kaiser Pe	ermanente*	City of Seattle T	raditional Plan*	City of Seattle Preventive Plan*	
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Alcohol/Drug Abuse Trea	tment (outpatient)				
Paid at 100% after \$15	Paid at 100% after \$15 co-	Paid at 80%	Paid at 60%	Paid at 100% after \$15	Paid at 60%
сорау	pay Deductible applies			сорау	
		Additional focus on review	v and coordination of care	Additional focus on revie	ew and coordination of care
		in complex situations, i			luding psychological testing,
		testing, neurological	testing and intensive	neurological testing a	and intensive outpatient.
		outpa	tient.		
Contraceptives					
	e drugs and devices,	IUDs and Depo Pr			Provera covered as
see Prescript	ion Drug benefit	medical			ll benefits.
		See Prescriptio	n Drug benefit.	See Prescript	ion Drug benefit.
Durable Medical Equipme				1	
Paid at 80%	Paid at 80%	Paid at 80%	Paid at 60%	Paid at 90%	Paid at 60%
		Breast pump covered at		Breast pump covered at	
		100% through		100% through	
		DME provider		DME provider	
Emergency Medical Care					
Urgent Care Clinic			-	•	
Paid at 100% after	\$15 copay	Paid at 80%	Paid at 60%	Paid at 100% after	Paid at 60%
\$15 copay	Deductible applies			\$15 copay (no fee for	
				preventive care)	
Emergency Room (copa	ays waived if admitted)				
Kaiser Permanente	Kaiser Permanente facility:	Paid at 80% after	Paid at 80% after \$150	Paid at 90% after	Paid at 90% after
facility: \$100 copay	\$100 copay	\$150 copay	copay.	\$150 copay	\$150 copay
Non-Kaiser Permanente	Non-Kaiser Permanente		If non-emergency, paid		If non-emergency, paid
facility: \$150 copay	facility: \$150 copay		at 60% after copay.		at 60% after copay
	Deductible applies				
➤Ambulance					
Paid at 80%.	Paid at 80%.	Paid at 80% when n	nedically necessary.	Paid at 90% when	medically necessary.
		Non-emergency transport	ation must be approved in		
		advance l	by Aetna.	approved in a	dvance by Aetna.

Kaiser Per	manente*	City of Seattle T	raditional Plan*	City of Seattle Pr	reventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Gender Reassignment Serv	vices				
Covered as any other service; copays/coinsurance depending on type and location of service provided.	depend on type and location of service provided.	Covered as any other service; copays/coinsurance depend on type and location of service provided. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.	Covered as any other service; copays/coinsurance depend on type and location of service provided. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.	Covered as any other service; copays/coinsurance depend on type and location of service provided. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.	Covered as any other service; copays/coinsurance depend on type and location of service provided. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.
Fertility Services			residence.		
Procedures covered include artificial insemination, ovulation induction and Advanced Reproductive Technologies. Copays/coinsurance depend on type and location of service	include artificial insemination, ovulation induction, and Advanced Reproductive Technologies. Copays/coinsurance depend on type and location of service provided. \$20,000 lifetime maximum benefit.	Procedures covered include artificial insemination, ovulation induction and Advanced Reproductive Technologies. Copays/coinsurance depend on type and location of service provided. \$20,000 lifetime maximum benefit. Plan will pay up to \$10 K travel and lodging allowance if service is not available within 100 miles of your residence.	lifetime maximum benefit. Plan will pay up to \$10 K travel and lodging allowance if	Procedures covered include artificial insemination, ovulation induction and Advanced Reproductive Technologies. Copays/coinsurance depend on type and location of service provided. \$20,000 lifetime maximum benefit. Plan will pay up to \$10 K travel and lodging allowance if service is not available within 100 miles of your residence.	benefit. Plan will pay up
Hearing Aids (per ear, ever	y 36 months)	I		• • • • • • •	
Up to \$1,000	Up to \$1,000		Up to \$1,500 pplies whether purchased of-network. pes not apply.	Up to \$1,500 In-network coinsurance ap in- or out-o Deductible do	f-network.

Kaiser Permanente*		City of Seattle	Traditional Plan*	City of Seattle Preventive Plan*	
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Home Health Care					
Paid at 100% when	Paid at 100%	Paid at 80%	Paid at 60%	Paid at 90%	Paid at 60%
authorized. No visit limit	when authorized.				
	No visit limit	Maximum benefit of 13	0 visits per calendar year	Maximum benefit of 13	30 visits per calendar year
		for in- and out-of-	network combined	for in- and out-of	-network combined
Hospital Inpatient		•			
Paid at 100% after \$200	Paid at 100%	Paid at 80% after \$200	Paid at 60% after \$200	Paid at 90% after \$200	Paid at 60% after
copay per admission	after deductible	сорау.	сорау	сорау.	\$200 copay
Hospital Outpatient		-			
Paid at 100% after	\$15 copay	Paid at 80% after	Paid at 60% after	Paid at 90% after	Paid at 60% after
\$15 copay	Deductible applies	deductible.	satisfaction of the	deductible.	satisfaction of the
			deductible		deductible
Hospice					
Paid at 100%	Paid at 100%	Paid at 80%	Paid at 60%	Paid at 90%	Not covered
when authorized	when authorized				
Maternity Care (delivery &	& related hospital)				
Paid at 100% after	Deductible applies.	Paid at 80% after	Paid at 60% after \$200	Paid at 90% after	Paid at 60% after
\$200 copay		\$200 copay	сорау	\$200 copay	\$200 copay
per admission					
Maternity Care (prenatal	and postpartum)				
Paid at 100% after	\$15 copay	Paid at 80%	Paid at 60%	Paid 100% after one	Paid at 60%
\$15 copay	Deductible applies.			\$15 copay	
Routine care not subject	Routine care not subject to				
to outpatient services	outpatient services copay.				
сорау.					
Mental Health Care (inpat	tient)	•			
Paid at 100% after \$200	Paid at 100% after	Paid at 80% after \$200	Paid at 60% after \$200	Paid at 90% after \$200	Paid at 60% after \$200
сорау	deductible	сорау	сорау	сорау	сорау
		Review and coordination of care in complex situations, including residential treatment centers and partial hospitalization.		Review and coordination of care in complex situations, including residential treatment centers and partial hospitalization.	

Kaiser Pe	rmanente*	City of Seattle Tr	aditional Plan*	City of Seattle P	reventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Mental Health Care (outpa	atient)				
Paid at 100% after \$15 copay per session.	\$15 copay per session. Deductible applies.	Paid at 80% Ongoing consultation with a behavioral health provider by web, phone or mobile device through Teledoc.		Paid at 100% after \$15 copay Ongoing consultation with a behavioral health provider by web, phone or mobile device through	Paid at 60% after deductible
		Additional focus on review in complex situations, ir testing, neurological t outpat	ncluding psychological esting and intensive	Teledoc. Additional focus on review in complex situations, inclu neurological testing and	ding psychological testing,
Physician Office Visit					
Paid at 100% after \$15 copay.	Paid at 100% after \$15 copay. Deductible applies	Paid at 80% Additional access to medical consultation with a physician by web, phone or mobile device for selected short-term services through Teladoc.	Paid at 60%	Paid at 100% after \$15 copay per visit (waived for preventive care) Additional access to medical consultation with a physician by web, phone or mobile device for selected short-term services through Teladoc.	Paid at 60%
Prescription Drugs (retail)		•		•	
For a 30-day supply: Generic: \$15 copay. Generic contraceptive drugs paid at 100%. Brand: \$30 copay Brand contraceptive drugs and devices subject to copay	For a 30-day supply: Generic: \$15 copay. Generic contraceptive drugs paid at 100%. Brand: \$30 copay Brand contraceptive drugs and devices subject to copay	For a 31-day supply: Generic : 30% coinsurance. Generic contraceptive drugs paid at 100%. Brand : 40% coinsurance The minimum coinsurance is \$10, or actual cost of the drug if less. Maximum is \$100 per drug.	Not covered	For a 31-day supply: Generic: 30% coinsurance Generic contraceptive drugs paid at 100%. Brand: 40% coinsurance The minimum coinsurance is \$10, or actual cost of the drug if less. Maximum is \$100 per drug.	Not covered

Kaiser Permanente*		City of Seattle Tr	aditional Plan*	City of Seattle P	reventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Smoking cessation prescription drugs not subject to pharmacy copay.	Smoking cessation prescription drugs not subject to pharmacy copay.	family. Prescription Allowar Inhibitors (for heartburn re remaining; some over the c supplies, \$15 copay for bra	nce on all non-sedating an lief and ulcer treatment). counter medications are a nd. Many contraceptive p nefit. Coinsurance for asth	of-pocket annual maximum p ntihistamines (for allergy syr City pays \$20 per month, ar Ilso included. \$5 copay for ge products are covered. IUDs a nma, anti-high cholesterol, a	nptoms) and Proton Pump nd plan participant pays eneric diabetic drugs and nd Depo Provera covered
Prescription Drugs (mail of	order)				
For a 90-day supply: Generic: \$45 copay. Generic contraceptive drugs paid at 100%. Brand: \$90 copay Contraceptive drugs and o to the pharmacy copay. Preventive Care	For a 90-day supply: Generic: \$30 copay. Generic contraceptive drugs paid at 100%. Brand: \$60 copay devices are covered subject	For a 90-day supply: Generic : 30% coinsurance. Generic contraceptive drugs paid at 100%. Brand : 40% coinsurance Minimum is \$20 or double the cost of the drug if less. The maximum is \$200 per drug.	Not Covered	For a 90-day supply: Generic : 30% coinsurance. Generic contraceptive drugs paid at 100%. Brand: 40% coinsurance Minimum is \$20 or double the cost of the drug if less. The maximum is \$200 per drug.	Not Covered
Paid at 100% after	Paid at 100% after	Mammograms paid	Mammograms paid	Paid at 100%	Paid at 60% for well-
\$15 copay	\$15 copay	at 80%. No other preventive s	at 60% services are covered	(copay waived) Covers adult physical and well-child exams, immunizations, digital rectal exams/prostate- specific antigen test, colorectal cancer screening.	woman care and mammograms No other preventive services covered
Rehabilitation Services (i	npatient)				
Paid at 100% after \$200	Paid at 100% after	Paid at 80% after	Paid at 60% after \$200	Paid at 90% after	Paid at 60% after
copay per admission	deductible.	\$200 copay	сорау	\$200 copay	\$200 copay
Maximum of 60 days per calendar year (combined with other therapy benefits)				•	r calendar year for skilled es in- and out-of-network pined

Kaiser Permanente*		City of Seattle T	raditional Plan*	City of Seattle Preventive Plan*	
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Rehabilitation Services (o	utpatient)				
Paid at 100% after	\$15 copay	Paid at 80%	Paid at 60%	Paid at 100% after	Paid at 60%
\$15 copay	Deductible applies.			\$15 copay	
	sits per calendar year	Twenty-five visits per cal		· · · ·	alendar year for physical,
(combined with ot	her therapy benefits)	massage and occupational			al therapy. Additional visits
		may be covered if deem	• •	may be covered if deen	ned medically necessary.
		Coinsurance does no	t apply to OOP Max.		
Skilled Nursing Facility		-		-	
Paid at 100%. 60-day	Paid at 100% after	Paid at 80% after	Paid at 60% after \$200	Paid at 90% after	Paid at 60% after
maximum per	deductible. 60-day	\$200 copay	сорау	\$200 copay	\$200 copay
calendar year.	maximum per calendar	Maximum of 90 days			er calendar year for rehab
	year.	in- and out-of-ne	twork combined		ng in- and out-of-network
				com	bined
Smoking Cessation				•	
Paid at 100%	Paid at 100%	Lifetime maximum of	Not covered	Smoking cessation	Not covered
for individual	for individual	one 90-day supply		prescription drugs covered	1
or group sessions	or group sessions	of aids or drugs.		subject to 10% generic,	
Nicotine replacement the	rapy included in Prescription			20% brand drug	
Drug benefit		20% brand. See		coinsurance.	
		Prescription Drugs.			
Spinal Manipulations				I	
Paid at 100% after	\$15 copay.	Paid at 80%	Paid at 60%	Paid at 100% after	Paid at 60%
\$15 copay	Deductible applies.			\$15 copay	
	Permanente designated	Maximum of 10 visit			its per calendar year
-	aiser Permanente protocol.	for in-network and out-	of-network combined.	for in-network and out	-of-network combined.
	sits per calendar year.				
Sterilization Procedures		h an a britte		le de la sectión	
Inpatient: Paid at 100%	Inpatient: Paid at 100%	Inpatient: Paid at	•	Inpatient: Paid at	Inpatient: Paid at 60%
after \$200 copay		80% after \$200 copay	after \$200 copay	90% after \$200 copay	after \$200 copay
Outpatient: Paid at 100%	Outpatient: \$15 copay	Outpationt: Daid at 90%	Outpatient: Paid	Outpatient: Paid at 90%	Outpatient: Paid at 60%
after \$15 copay	Deductible applies	Outpatient: Paid at 80%	at 60%	Outpatient. Paid at 90%	al 00%
aitei 313 topay	Deductible applies		at 00/0		

Kaiser I	Permanente*	City of Seattle Tr	aditional Plan*	City of Seattle I	Preventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Temporomandibular Joi	nt Services				
Covered as any	Covered as any	Covered as any	Covered as any	Covered as any	Covered as any
other service;	other service;	other service;	other service;	other service;	other service;
copays/coinsurance	copays/coinsurance	copays/coinsurance	copays/coinsurance	copays/coinsurance	copays/coinsurance
depend on type and	depend on type and	depend on type and	depend on type and	depend on type and	depend on type and
location of service	location of service	location of service	location of service	location of service	location of service
provided.	provided.	provided.	provided.	provided.	provided.
		\$5,000 lifetime maximum in- and out-of-net	-	\$5,000 lifetime maximum	for non-surgical services in work combined
Tooth Injury/Oral Surge	ry (due to accident)				
Not covered	Not covered	Inpatient: Paid at 80% after	Innationt: Paid at 60%	Inpatient: Paid at	Inpatient: Paid at 60%
Not covered	Not covered	\$200 copay	after \$200 copay	90% after	after \$200 copay
		Outpatient: Paid at 80%	Outpatient: Paid	\$200 copay	Outpatient: Paid
			at 60%	Outpatient: Paid at	at 60%
				100%after \$15 copay for	
				office visit.	
				Other charges paid	
				at 90%	
Vision Exam/Hardware		_	•		
Exam: Paid at	Exam: Paid at 100% after	Covered ur	nder VSP.	Covered	under VSP.
100% after \$15 copay.	\$15 copay.				
One exam every	One exam every				
12 months.	12 months.				
Hardware:	Hardware is not covered.				
Not covered.					
X-ray and Lab Tests				·	
Paid at 100%	Paid at 100%	Paid at 80%	Paid at 60%	Paid at 90%	Paid at 60%
	Deductible applies	Provider responsible for		Provider responsible for	
		obtaining precertification		obtaining precertification	
		of high-tech radiology		of high-tech radiology	

* a. Coverage for any service is subject to the carrier's determination of medical necessity and adherence to their clinical policy guidelines.

b. Accolade advocacy services will be available to assist you and your covered family members find providers; dealing with billing, claim and appeals problems; understanding diagnoses and treatment options, and managing chronic diseases.

Plan details are in your medical plan booklet at <u>seattle.gov/human-resources/benefits/employees-and-covered-family-members</u>. This document is not a contract

Health Care Premiums

2023 Premium Sharing

Effective January 1, 2023, you will pay the below monthly premium *. The table also shows the total premium amount each month for each employee's coverage and the City's contribution.

	Total Monthly Premium	Employee, with or without children		Employee with Spouse/Domestic Partner, with or without children	
		City Pays	Employee Pays	City Pays	Employee Pays**
Medical Plan					
City of Seattle Preventive	\$1,900.53	\$1,852.41	\$48.12	\$1,802.03	\$98.50
City of Seattle Traditional	\$1,721.52	\$1,721.52	\$ 0.00	\$1,689.18	\$32.34
Kaiser Permanente Standard	\$1,285.43	\$1,237.03	\$48.40	\$1,185.53	\$99.90
Kaiser Permanente Deductible	\$1,184.65	\$1,159.65	\$25.00	\$1,127.73	\$56.92

Your premium will be divided into two equal payments and taken from the first two paychecks of the month for the current month's coverage. (For example, deductions taken in January will pay for January coverage.) No premiums are deducted from the third paycheck. Premiums are deducted on a pre-tax basis, reducing your taxable income.

*Provided they are IRS tax dependents.

Health Care Premiums			
Enrolling Spouse/DP	To cover a spouse or domestic partner (and tax dependents of your domestic partner), you must complete a Benefit Election form and an Affidavit of Marriage/ Domestic Partnership.		
Spouse/DP/ Dependents Who are IRS Tax Dependents	If they are IRS tax dependents, the rate information on the previous page applies. If you enroll your domestic partner and your domestic partner's children, you will be taxed on the value of their medical coverage if they are not your tax dependents. (The value of the benefits will be imputed to your gross income.)		
DP/Dependents Whoare <u>Not</u> IRS Tax Dependents	After-Tax Premium Contributions If you choose to cover a domestic partner who is <u>not</u> your IRS tax dependent, the portion of the premium deducted from your paycheck (your contribution) that pays for their coverage must be taken "after-tax" to comply with IRS regulations. The column headed "Monthly Premium Contributions Taken After Taxes" shows the portion of your monthly premium contribution that will be deducted from your paycheck after taxes are calculated.		
	Medical Plans After Taxes for Domestic Partner		
	Medical Flaits	After Taxes for	
	City of Seattle Preventive	After Taxes for	
		After Taxes for Domestic Partner	
	City of Seattle Preventive	After Taxes for Domestic Partner \$50.38	
	City of Seattle Preventive City of Seattle Traditional	After Taxes for Domestic Partner \$50.38 \$32.34	

DP/Dependents Who	2023 Monthly Taxable Values of City Coverage Provided to: Your Non-IRS Tax Dependent Domestic Partner			
are Not IRS Tax	Your Domestic Partner's Non-IRS Tax Dependent's Child			
Dependents (cont'd.)	Type of Coverage	Domestic Partner Taxable Amount	Taxable Amount Per Child	
	Preventive Plan	\$893.14	\$754.82	
	Traditional Plan	\$822.31	\$683.72	
	Kaiser Permanente Standard	\$586.66	\$510.52	
	Kaiser Permanente Deductible	\$556.20	\$470.50	
	DDWA Coverage	\$56.72	\$46.94	
	Vision Coverage	\$4.45	\$3.12	
	Buy-Up Vision Plan	\$9.33	\$6.53	
	Total Taxable Value with DDWA & VSP Basic Plan			
	Preventive Plan	\$954.31	\$804.88	
axable Benefit Amount – (with DDWA)	Traditional Plan	\$883.48	\$733.78	
	Kaiser Permanente Standard Plan	\$647.83	\$560.58	
	Kaiser Permanente Deductible Plan	\$617.37	\$520.56	
	Total Taxable Value with DDWA and VSP Buy-Up Plan			
	Preventive Plan	\$959.19	\$808.29	
	Traditional Plan	\$888.36	\$737.19	
	Kaiser Permanente Standard Plan	\$652.71	\$563.99	
	Kaiser Permanente Deductible Plan	\$622.25	\$523.97	

	Health Care P	Premiums			
DP/Dependents Who are Not IRS Tax	Medical/Dental/Vision Coverage	Values with Dental Heal	th Services Coverage		
Dependents (cont'd.)	2023 Monthly Taxable Values of City Coverage Provided to: Your Non-IRS Tax Dependent Domestic Partner Your Domestic Partner's Non-IRS Tax Dependent's Child				
	Type of Coverage	Domestic Partner Taxable Amount	Taxable Amount Per Child		
	Preventive Plan	\$893.14 \$822.31	\$754.82 \$683.72		
	Traditional Plan	\$586.66	\$683.72		
	Kaiser Permanente Standard Plan	\$586.66	\$510.52		
	Kaiser Permanente Deductible Plan	\$556.20	\$470.50		
	DHS Coverage	\$67.06	\$46.94		
	Basic Vision Plan	\$4.45	\$3.12		
	Buy-Up Vision Plan	\$9.33	\$6.53		
Taxable Benefit	Total Taxable Value with DHS & VSP Basic Plan				
Amount – (with DHS)	Preventive Plan	\$964.65	\$804.88		
	Traditional Plan	\$893.82	\$733.78		
	Kaiser Permanente Standard Plan	\$658.17	\$560.58		
	Kaiser Permanente Deductible Plan	\$627.71	\$520.56		
	Total Taxable Value With DHS & VSP Buy-Up Plan				
	Preventive Plan	\$969.53	\$808.29		
	Traditional Plan	\$898.70	\$737.19		
	Kaiser Permanente Standard Plan	\$663.05	\$563.99		
	Kaiser Permanente Deductible Plan	\$632.59	\$523.97		

Prescription Drug Coverage		
	Prescription Drug Retail Program	
	 Aetna classifies medications into three tiers: Generic Preferred brand-name Non-preferred brand-name 	
	 Kaiser Permanente uses two classifications: Generic Preferred brand-name (no coverage for non-preferred brands) 	
Preventive and Traditional Plans (Aetna)	With the Aetna plans, you pay 30% of the actual cost for generic drugs, and 40% for preferred and non-preferred brand-name drugs, up to a maximum of \$100 per drug per month. There is a \$1,200 annual out-of-pocket maximum per member for retail and mail-order drugs.	
	The Aetna formulary name is <i>Aetna Standard Plans</i> . This formulary provides a list of drugs covered under your plan. You can search for specific drugs at: <u>https://www.aetna.com/individuals-families/find-a-medication.html.</u>	
	Present your medical plan ID card at any Aetna network retail pharmacy. Prescriptions filled at a non-network pharmacy will not be covered. You may contact the toll-free Member Services number on the back of your ID card to find a participating pharmacy or check the website <u>Aetna.com</u>	
Kaiser Permanente Plans	You are responsible for a \$15 copay for generic drugs and a \$30 copay for brand- name drugs. All prescriptions must be filled at a Kaiser Permanente pharmacy. Prescriptions filled at any non-Kaiser Permanente pharmacy will not be covered.	
	The Kaiser Permanente formulary is the <i>Drug Formulary for Large Employers 1- or 2-Tier In-Network Pharmacy Benefit</i> . The formulary provides a list of drugs covered under your plan. You can search for specific drugs at <u>wa.kaiserpermanente.org/html/public/pharmacy/drug-formulary.</u>	
	See the next page for more detailed information about prescription drug coverage.	

Prescription Drug Coverage Comparison				
Plan Features	Kaiser Permanente Standard	Kaiser Permanente Deductible	Aetna Preventive	Aetna Traditional
Annual out-of- pocket Maximum			\$1,200	\$1,200
Retail				
 Days' Supply 	30-day	30-day	31-day	31-day
Coinsurance	You pay \$15 copay for generic drugs; \$30 copay for brand name drugs.	You pay \$15 copay for generic drugs; \$30 copay for brand name drugs.	You pay 30% of the actual cost of generic drug; 40% of the cost for brand drugs*	You pay 30% of the actual cost of generic; 40% of the cost for brand drugs*
Minimum Coinsurance	Not applicable	Not applicable	\$10 or the actual cost of the drug if less.	\$10 or actual cost of the drug if less
 Monthly out-of- pocket Maximum 	Not applicable	Not applicable	\$100 per prescription	\$100 per prescription
Out-of-Network	Not covered	Not covered	Not covered	Not covered
Mail Order				
Coinsurance	Generic: \$45 copay Brand: \$90 copay	Generic: \$30 copay Brand: \$60 copay	You pay 30% of the actual cost of generic drug; 40% of the cost for brand drugs	You pay 30% of the actual cost of generic; 40% of the cost for brand drugs
• Minimum Coinsurance	Not applicable	Not applicable	\$20 or actual cost of the drug if less.	\$20 or actual cost of the drug if less.
 Monthly out-of- pocket Maximum 	Not applicable	Not applicable	\$200 per prescription	\$200 per prescription
Days' Supply	90-day supply	90-day supply	90-day supply	90-day supply

*Coinsurance exceptions:

- City pays \$20 towards cost of proton pump inhibitors and non-sedating antihistamines and you pay the remaining amount, whether medication is purchased over-the-counter or is a brand name drug
- You pay 10% of cost for generic and 20% for brand drugs for anti-high cholesterol, asthma, and tobacco cessation drugs
- Diabetic drugs and supplies have special copays: \$5 copay for generic, \$15 copay for brand

	Dental Plan Options
	There are two dental plans: Delta Dental of Washington (DDWA) and Dental Health Services (DHS).
	Delta Dental of Washington If you select DDWA, you can receive services from any dentist, but your out-of-
	pocket expenses may be lower if you choose a dentist who belongs to the DDWA network. To locate a DDWA network provider, search
	https://www.deltadental.com/us/en/find-a-dentist.html. For claim issues or appeals, please call (206) 522-2300 or 1-800-554-1907.
	Selecting an in-network DDWA dentist means:
	 The portion of the dental bill you pay is smaller than if you use a non- network dentist.
	 You do not need to submit a claim - the dentist's office will submit the claim form.
	• After you pay your portion of the bill, you will not be balance-billed more for a covered service. (A non-DDWA dentist may bill you for the portion of the bill that DDWA does not cover).
Orthodontia	DDWA offers both child and adult (age 25 and over). Pre-treatment estimates are recommended. The orthodontia benefit is paid at a 50% level to a lifetime maximum of \$2,000. NOTE: for children who are already in treatment when joining the City's DDWA plan, DDWAwill prorate claim payment(s) based on the original banding date and remaining balance. The dental office needs to contact DDWA customer service for patient- specific details.
	Use your health care Flexible Spending Account to pay your out-of-pocket dental expenses with pre-tax dollars.
Plan Ahead	You will receive your DDWA ID card about 2 weeks following your dental plan selection. However, a card is not needed to access care – simply let your provider know you are covered under a City of Seattle plan, and they will ask you some
ID Cards	information to identify you and confirm your benefits and eligibility. You can also set up your online account or Go Mobile at <u>https://www.deltadentalwa.com/</u> .

Dental Health Services If you select DHS, you can only receive services from an in-network dentist or dental practice – there is no out-of-network benefit available. In some instances, the DHS plan may provide a more significant benefit for services received than DDWA. The list of in-network dentists and clinics is much smaller than DDWA, and you <u>must see</u> an in-network, DHS-participating dentist or clinic for services to be covered. Selecting a DHS dentist means:
 There are no deductibles and no annual maximums There are no incentive-level services
 To begin, visit: <u>https://www.dentalhealthservices.com/</u> and click "Plan Members" – from here, you will be able to: Search for a DHS dentist/clinic and to set up your online account. If you provided a personal email to the City during your onboarding, that
 address is on file with DHS and should be used on the Register Member screen when setting up your account. If your personal email wasn't provided or didn't work on the Register Member screen, contact DHS directly at (206) 849-7100 to request your Member Number.
This plan has an office visit copay of \$10 for all covered members, and there are also co-pays for selected services. The plan comparison on the following page lists services and copay requirements.
DHS offers both child and adult (age 25 and over) orthodontia. Coverage includes a copayment of \$1,800 per adult or \$1,000 per child; a \$150 charge for the initial exam, study models, and x-rays; and a \$10 copay for each visit during the course of ortho treatment. NOTE: There is no transition of care for members who are already in treatment when joining the City's DHS plan. The orthodontia benefit is available for <u>new patients only</u> .
You will receive your DHS ID card about two weeks following your dental plan selection.
The table on the next page compares the coverages offered by the two dental plans.

Dental Plan Comparison			
Plan Features Delta Dental of Washington (DDWA)		Dental Health Services (DHS)	
Calendar Year Deductible	\$50 per person, \$150 per family (No deductible for preventive services)	\$0	
Annual Maximum Benefit	\$2,000 per person per year	No Annual Maximum	
Diagnostic and Preventive (routine and emergency exams, x-rays, cleaning, fluoride treatment, sealants)	Class I: 100%	No copay Two additional cleanings for pregnant women, up to four cleanings.	
Fillings	Class II: Incentive payments levels* 1 st Year – 80% 2 nd Year – 90% 3 rd Year – 100%	No copay for general filling Covers composite fillings in all teeth (posterior composite fillings additional \$15)	
Crowns	Class II: Constant 70%	\$145 noble, \$175 high noble or titanium, \$200 upgraded, specialized porcelain if applicable per unit. (Non- specialized porcelain is \$75.)	
Prosthodontic Services (Dentures, Bridges)	Class III: Constant 50%	\$125 plus \$10 office visit copay (dentures) \$75 plus \$10 office visit copay (bridges)	
Orthodontia For DDWA: transition of care available for new members already in treatment (see DDWA Orthodontia – prior page) For DHS: new cases only – no transition of care for new members already in treatment who join the City's DHS	Available for Child & Adult Plan pays 50% up to lifetime maximum of \$2,000; deductible doesn't apply	Available for Child & Adult Adult (age 25 and over) \$1,800 plus \$150 for initial exam, study models and x-rays covers full course of treatment plus \$10 copay for each visit Orthodontia cases (less than age 25) \$1,000 copay \$150 for initial exam, study models and x-rays covers full course of treatment only; plus, \$10 copay for each visit	
Choice of Providers	In-Network: Any contracted provider. Out-of-Network: Expenses paid will be based on actual charges or DDWA's maximum allowable fees for non- participating dentists, whichever is less. You will be responsible for any balance due	In-Network: Any contracted provider in the DHS network. Out-of-Network: No out-of-network coverage available.	

Plan booklets are at <u>http://bit.ly/MostDental</u>.

*Incentive levels from other DDWA plans are not carried over to the City's plan.

Dental Plan Comparison		
Plan Features	Delta Dental of Washington (DDWA)	Dental Health Services (DHS)
Periodontics (surgical and nonsurgical procedures for the treatment of the tissues supporting the teeth)	Class II: Paid according to incentive payment levels shown above*	Paid at 100% after a \$25 copay for periodontal scaling and maintenance at a general dentist. If referred to a periodontist, the member pays 20%. Up to 4 visits for specific situations.
Endodontics (procedures for pulpal and root canal treatment) Oral Surgery (routine and surgical extractions)	Class II: Paid according to incentive payment levels shown above, Root canal treatment of the same tooth covered only once in 2 years.* Class II: Paid according to incentive payment levels shown above*	Paid at 100% after applicable copay (\$50 for anterior, \$75 for bicuspid, or \$100 for molar root canal) If referred to an endodontist, member pays 20%. Paid at 100% after a \$10 office visit copay for a general dentist. If referred
		to an oral surgeon, the member pays 20%
Temporomandibular Joint (TMJ) Disorders	Not covered	\$1,000 annual maximum \$5,000 lifetime maximum
Dental Implants	Constant 50%	Call DHS Office at 206-788-3444 for details – copayments apply
Other	Class III: Occlusal (nightguard) covered at 50% if the patient has advanced gum disease.	Occlusal (nightguard) with \$350 copay

2023 Monthly Dental Premiums for Most City Employees

Dental Plan	Total Monthly Premium Amount	Employee's Monthly Premium Contribution	
		Coverage for Employee with or without children	Coverage for Employee with Spouse/Domestic Partner with or without children
Delta Dental of Washington	\$120.66	\$0	\$0
Dental Health Services	\$142.65	\$0	\$0

*Incentive levels from other DDWA plans are not carried over to the City's plan.

	Vision Coverage
	The City offers a vision plan through VSP – the Basic Plan, which is fully paid for by the City.
	Receive services from any vision provider, but your out-of-pocket expenses will be lower if you choose a doctor or vision facility that is preferred with the VSP network. Find network providers, create your online account, review Special Offers, and more at <u>www.vsp.com</u> .
ID Cards	VSP does not issue ID cards - your network doctor or facility will be able to access your eligibility and coverage. Once you set up your online account, you can print an ID card.

Plan Benefit	PLAN TYPE	
Benefit Frequency is every plan year unless otherwise noted	VSP Basic (City pays premium)	
WellVision Exam	\$10 copay	
Prescription Glasses	\$25 copay	
Frames Basic Plan: every other year	\$175 allowance for select frames \$195 allowance for featured frame brands 20% savings on amounts over allowance	
Lenses	Copay included in Prescription Glasses Includes: single vision, lined bifocal, and lined trifocal Polycarbonate lenses for dependent children	
Lens Enhancements	Standard progressive* lenses: \$55 Premium progressive* lenses: \$95-\$105 Custom progressive* lenses: \$150-175	
Contact Lenses (instead of glasses)	\$175 allowance for contacts (no copay) \$60 Copay: contact lens exam (fitting and evaluation)	

Vision Plan

* Progressive lenses are no-lined multi-focal with a clear, smooth transition between focals

** Photochromic lenses are clear indoors and darken automatically when exposed to sunlight

Vision Coverage

Additional Vision Benefits

Extra Savings www.vsp.com/specialoffers to view updated discounts and member extras	Glasses and SunglassesExtra \$20 for featured frame brands20% savings on additional glasses and sunglasses, including lensenhancements• Must be within 12 months of your last WellVision examfrom any VSP provider
	Retinal Screening No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision exam
	Laser Vision Correction Average of 15% off the regular price or 5% off the promotional price. Discounts only available from contracted facilities

Your Coverage with Out-of-Network Providers (Visit <u>www.vsp.com</u> for additional details)		
Exam Up to \$45		
Frames	Up to \$70	
Single Vision Lenses	Up to \$30	
Lined Bifocal Lenses	Up to \$50	
Lined Trifocal Lenses	Up to \$65	
Progressive Lenses	Up to \$50	
Contact Lenses	Up to \$105	

Coordination of Benefits*: When there are 2 City of Seattle VSP plans in place, the secondary City VSP plan will typically pay at least the copayments remaining after the primary City VSP plan makes payment.

*While having 2 VSP plans may cover some of the out-of-pocket (either City plan or a City plan and another VSP plan), there is no guarantee that all out-of-pocket expenses will be paid in full by a secondary plan. Claim payment determination is made by VSP.

2023 Monthly Vision Premiums for Most City Employees

Vision Plan	Total Monthly Premium Amount	Employee's	Monthly Premium Contribution
		Employe	e with/without dependents
VSP Basic Plan	\$9.47	\$0	\$0

	Optional Insurance	e Plans	
Basic Long-Term Disability (LTD) Insurance	The basic benefits package provided by the City includes a Long-Term Disability (LTD) policy that will pay you a portion of your monthly pay if you are sick or injured and cannot work. If you are disabled according to the plan definition, the benefit will combine with other income sources, if any, to pay you up to \$400 per month after a 90-day waiting period while you are unable to perform with reasonable continuity the material duties of your own occupation (first 24 months) or any occupation (after 24 months). You do not need to enroll in this plan, you are automatically enrolled as a temporary employee with benefits.		
Benefit Amount		Basic LTD	
	Percentage of monthly pre-disability earnings	60%	
	Maximum monthly benefit	\$400	
	Minimum monthly benefit	\$100	
When Am I Considered Disabled	 continuously disabled. Benefits are not payable during the waiting period. During the Benefit Waiting Period (see below), you are considered disabled if, as a result of a physical disease, injury, pregnancy or mental disorder, you are unable to perform with reasonable continuity the material duties of your Own Occupation. Benefit Waiting Period: The Benefit waiting period for Basic LTD is 90 days. See the 		
Waiting Period	Certificate of Coverage for more detailed information.		
Limitations			

0	ptional Insurance	e – Long-Term Di	sability
Benefit Amount	Your monthly LTD benefit is a	percentage of your insured mo e., City paid sick time, Social Se Basic LTD 60% \$400	onthly pre-disability earnings
	Minimum monthly benefit	\$100	\$100
	Below is an example comparin	ng the LTD benefit under both Basic LTD (1) \$ 667 Note: if monthly earnings exceed \$667, enter	Supplemental LTD \$ 7,300 Note: if monthly earnings exceed \$8,333, enter
	Percentage of earnings	\$667 above 60%	\$8,333 above 60%
	Multiply amount on Line 1 by percentage on line 2 – this is your monthly LTD benefit	\$667 x 60% = \$400	\$7,300 x 60% = \$4,380
Premium Amount	 The Basic LTD plan premium is paid by the City. If you elect the Supplemental plan, your monthly rate is calculated as below: Determine your base monthly earnings (up to \$8,333) and subtract \$667 (the amount of the basic plan paid by the City). Multiply that number by .00384 – this is your monthly rate that will be deducted after-tax on the second paycheck of each month. In the above table example: \$7,300 - \$667 = \$6,633, multiplied by .00384 = \$25.47 per month. 		
When Am I Considered	Note: since premiums for Basic LTD are paid by the City, and the employee's portion of the Buy-up LTD premium share are deducted after-tax, paid LTD benefits are partially tax-free If a claim for LTD benefits is approved by The Hartford, benefits become payable <u>after</u> the benefit waiting period. The benefit waiting period is the specified number of days you must remain continuously disabled. Benefits are not payable during the waiting period.		
Disabled	of a physical disease, injury, p	riod (see below), you are cons regnancy or mental disorder, y e material duties of your Own	you are unable to perform

0	ptional Insurance – L	ong-Term Disability
	Age at Time of Disability	Maximum Benefit Period
Waiting Period	62	To SSNRA or 48 months, if greater
	63	To SSNRA or 42 months, if greater
	64	36 months
	65	30 months
	66	27 months
	67	24 months
	68	21 months
	69 or older at time of disability	18 months
Limitations	A disability that results from a pre-existing condition for which you receive medical treatment 3 months prior to your coverage effective date will not be covered unless you have been insured for 12 months. The pre-existing condition limitation applies if you elect coverage nowor during a future Open Enrollment.	
When Benefits	 <u>Certificate of Coverage</u> for additional limitations. LTD Benefits end automatically on the earliest of: The date you are no longer disabled The date your maximum benefit period ends 	
End		

	Optional	Insurance – Group Term Lif	e		
Group Term Life (GTL) Insurance	The City provides one level of optional Term Life Insurance to temporary employees who are eligible for benefits. The City and you pay for Basic Life Insurance. You can sign up for Group Term Life Insurance within 30 days of becoming benefits eligible, or during an Open Enrollment period. For more information, see the <u>Certificate of Insurance</u> .				
Basic Life Insurance	benefit amount and the second you pay the rer shown below, y applying. A tab	This optional coverage provides you with two options of Term Life Insurance benefit amounts. The first option equals one-and-a-half times your annual salary, and the second option is a flat \$50,000. The City contributes 40% of the cost, and you pay the remaining 60% of the cost. Within the coverage amount guidelines shown below, you select the option of basic Life insurance you are interested in applying. A table with information regarding the monthly cost of Basic Term Life Insurance follows.			
		Minimum	Maximum*		
	Option A	1.5 times your annual salary, rounded to the next higher multiple of \$1,000, if not already a multiple of \$1,000	\$2,500,000		
	Option B	\$50,000	\$50,000		
	taxes will be sh If you sign up f coverage up to However, if yo required to con history statem online submitt life insurance t	,000 to avoid the additional taxes. The amount own on your second paycheck each month. For Basic Term Life Insurance as a new employe o \$1,000,000 when combined with supplement u sign up for it later during an Open Enrollmen mplete and submit an online <u>Evidence of Insur</u> ent) within 90 days of the end of the enrollmen al instructions <u>here</u> . Securian Financial must ap cakes effect.	ee, you are guaranteed cal life insurance. It period, you will be <u>rability</u> form (medical nt period. See the pprove it before your		
	or increase you	ir basic group term life insurance 1.5 times you it Evidence of Insurability. Any amount over \$5	ir annual salary to		

	Optional Insurance – Group Te	rm Life
Coverage Amount Needed	Find the life insurance amount that's right for you an Choosing the right insurance coverage can be overw Financial's online benefits decision tool, Benefit Scor make your insurance elections confidently. Get start Lifebenefits.com/Seattle.	helming. Use Securian ut, to help you and your family
How Much Will Coverage Cost?	Your coverage amount equals your annual salary, ro increment, multiplied by 1.5. Your monthly premiun \$1,000 of coverage.	n equals \$0.045 times each
	To calculate your basic Life insurance, use the follow	/ing table:
	1. Annual Salary = Line 1	Line 1:
	 Round Up Line 1 to nearest \$1,000 = Line 2 	Line 2:
	3. Multiply Line 2 by 1.5 = Line 3	Coverage Amount Line 3:
	4. Divide Line 3 by \$1,000 = Line 4	Line 4:
	5. Multiply Line 4 by the plan rate of 0.045 = Line 5	Monthly Premium Line 5:
Features and Benefits	For example, if your annual salary is \$78,600 per year determine your coverage amount, multiply \$79,000 your coverage amount. Divide your coverage amount \$1,000 = 118.50). Multiply 118.50 by the plan rate of \$5.33) Your premium is \$5.33 per month. Travel Assistance This service provides you and your dependents with care and other emergency services when you travel Travel Assistance also offers a range of professional, trip assistance information and coordination service smoothly. For more information, go <u>here</u> . To access,	by 1.5 = \$118,500. \$118,500 is nt by \$1,000 (\$118,500 / of 0.045 (118.50 x 0.045 = access to appropriate medical 100 miles or more from home. , 24-hour medical, legal, and s to help your travel go

	Optional Insurance – Group Term Life
Features and Benefits (cont'd)	Legacy Planning Resources Get the support you need to ensure your family's affairs are in order, including end-of-life planning, creation of key directives, and final arrangements for funeral services. Access legacy planning resources by going to Securian.com/legacy.
Resources	Beneficiary Financial Counseling Beneficiaries will have access to professional guidance to help them make sound financial decisions regarding policy proceeds. Securian Financial will invite beneficiaries receiving \$25,000 or more to take advantage of this program when the life insurance claim is paid.
	Conversion This policy includes a conversion privilege which allows you to continue some level of coverage if you leave City employment. Conversion is guaranteed, which means you can continue the policy regardless of any existing medical condition. It is more costly than your active employee coverage because of this provision but could allow you to maintain coverage when you otherwise might not qualify for new life insurance coverage. You must apply within 30 days of leaving City service to be eligible.
	Accelerated Benefit If you become terminally ill with a life expectancy of 24 months or less, you may be eligible to receive up to 100% percent of the face amount to a maximum of \$1 million (Basic and Supplemental Life combined).
	For additional information, see the below links.
	Certificate of Coverage Certificate of Coverage
	Evidence of Insurability Evidence of Insurability
File a Claim	To file a claim, please contact the Benefits Unit at <u>Benefits.Unit@seattle.gov</u> or (206) 615-1340.

	Optional Insu			rm Life	
Costs for Basic	Basic Gro Employee's Annual Salary	up Life Insura Amount of	Employee	City Monthly	Total Monthly
Life Insurance (based on		Insurance	Monthly Premium	Premium	Premium
employee's	\$30,000.01 - \$31,000	\$46,500	\$2.09	\$1.40	\$3.49
annual salary)	\$31,000.01 - \$32,000	\$48,000	\$2.16	\$1.44	\$3.60
	\$32,000.01 - \$33,000	\$49,500	\$2.23	\$1.49	\$3.71
	GTL Limited	\$50,000	\$2.25	\$1.50	\$3.75
	\$33,000.01 - \$34,000	\$51,000	\$2.30	\$1.53	\$3.83
	\$34,000.01 - \$35,000	\$52,500	\$2.36	\$1.58	\$3.94
	\$35,000.01 – \$36,000	\$54,000	\$2.43	\$1.62	\$4.05
	\$36,000.01 - \$37,000	\$55,500	\$2.50	\$1.67	\$4.16
	\$37,000.01 - \$38,000	\$57,000	\$2.57	\$1.71	\$4.28
	\$38,000.01 - \$39,000	\$58,500	\$2.63	\$1.76	\$4.39
	\$39,000.01 - \$40,000	\$60,000	\$2.70	\$1.80	\$4.50
	\$40,000.01 - \$41,000	\$61,500	\$2.77	\$1.85	\$4.74
	\$41,000.01 - \$42,000	\$63,000	\$2.84	\$1.89	\$4.73
	\$42,000.01 - \$43,000	\$64,500	\$2.90	\$1.94	\$4.84
	\$43,000.01 - \$44,000	\$66,000	\$2.97	\$1.98	\$4.95
	\$44,000.01 - \$45,000	\$67,500	\$3.04	\$2.03	\$5.06
	\$45,000.01 - \$46,000	\$69,000	\$3.11	\$2.07	\$5.18
	\$46,000.01 - \$47,000	\$70,500	\$3.17	\$2.12	\$5.29
	\$47,000.01 - \$48,000	\$72,000	\$3.24	\$2.16	\$5.40
	\$48,000.01 - \$49,000	\$73,500	\$3.31	\$2.21	\$5.51
	\$49,000.01 - \$50,000	\$75,000	\$3.38	\$2.25	\$5.63
	\$50,000.01 - \$51,000	\$76,500	\$3.44	\$2.30	\$5.74
	\$51,000.01 - \$52,000	\$78,000	\$3.51	\$2.34	\$5.85
	\$52,000.01 - \$53,000	\$79,500	\$3.58	\$2.39	\$5.96
	\$53,000.01 - \$54,000	\$81,000	\$3.65	\$2.43	\$6.08
	\$54,000.01 - \$55,000	\$82,500	\$3.71	\$2.48	\$6.19
	\$55,000.01 - \$56,000	\$84,000			
	\$56,000.01 - \$57,000	\$85,500	\$3.78	\$2.52	\$6.30
	\$57,000.01 - \$58,000	\$87,000	\$3.85	\$2.57	\$6.41
			\$3.92	\$2.61	\$6.53
	\$58,000.01 - \$59,000	\$88,500	\$3.98	\$2.66	\$6.64
	\$59,000.01 – \$60,000	\$90,000	\$4.05	\$2.70	\$6.75
	\$60,000.01 - \$61,000	\$91,500	\$4.12	\$2.75	\$6.86
	\$61,000.01 – \$62,000	\$93,000	\$4.19	\$2.79	\$6.98
	\$62,000.01 - \$63,000	\$94,500	\$4.25	\$2.84	\$7.09
	\$63,000.01 - \$64,000	\$96,000	\$4.32	\$2.88	\$7.20
	\$64,000.01 - \$65,000	\$97,500	\$4.39	\$2.93	\$7.31
	\$65,000.01 - \$66,000 \$66,000.01 - \$67,000	\$99,000 \$100,500	\$4.46 \$4.52	\$2.97 \$3.02	\$7.43 \$7.54

*Cost is \$0.075 per \$1,000: Employee cost is 60% or \$0.045/\$1,000; City cost is 40% or \$0.030/\$1,000

Employee's Annual Salary	Amount of	Employee	* - Continued City Monthly	Total Mont
Employee's Annual Salary	Insurance	Monthly Premium	Premium	Premium
\$67,000.01 – \$68,000	\$102,000	\$4.59	\$3.06	\$7.65
\$68,000.01 – \$69,000	\$103,500	\$4.66	\$3.11	\$7.76
\$69,000.01 - \$70,000	\$105,000	\$4.73	\$3.15	\$7.88
\$70,000.01 – \$71,000	\$106,500	\$4.79	\$3.20	\$7.99
\$71,000.01 – \$72,000	\$108,000	\$4.86	\$3.24	\$8.10
\$72,000.01 - \$73,000	\$109,500	\$4.93	\$3.29	\$8.21
\$73,000.01 - \$74,000	\$111,000	\$5.00	\$3.33	\$8.33
\$74,000.01 - \$75,000	\$112,500	\$5.06	\$3.38	\$8.44
\$75,000.01 - \$76,000	\$114,000	\$5.13	\$3.42	\$8.55
\$76,000.01 - \$77,000	\$115,500	\$5.20	\$3.47	\$8.66
\$77,000.01 - \$78,000	\$117,000	\$5.27	\$3.51	\$8.78
\$78,000.01 - \$79,000	\$118,500	\$5.33	\$3.56	\$8.89
\$79,000.01 - \$80,000	\$120,000	\$5.40	\$3.60	\$9.00
\$80,000.01 - \$81,000	\$121,500	\$5.47	\$3.65	\$9.11
\$81,000.01 - \$82,000	\$123,000	\$5.54	\$3.69	\$9.23
\$82,000.01 - \$83,000	\$124,500	\$5.60	\$3.74	\$9.34
\$83,000.01 - \$84,000	\$126,000	\$5.67	\$3.78	\$9.45
\$84,000.01 - \$85,000	\$127,500	\$5.74	\$3.83	\$9.56
\$85,000.01 - \$86,000	\$129,000	\$5.81	\$3.87	\$9.68
\$86,000.01 - \$87,000	\$130,500	\$5.87	\$3.92	\$9.79
\$87,000.01 - \$88,000	\$132,000	\$5.94	\$3.96	\$9.90
\$88,000.01 - \$89,000	\$133,500	\$6.01	\$4.01	\$10.01
\$89,000.01 - \$90,000	\$135,000	\$6.08	\$4.05	\$10.13
\$90,000.01 - \$91,000	\$136,500	\$6.14	\$4.10	\$10.24
\$91,000.01 - \$92,000	\$138,000	\$6.21	\$4.14	\$10.35
\$92,000.01 - \$93,000	\$139,500	\$6.28	\$4.19	\$10.46
\$93,000.01 - \$94,000	\$141,000	\$6.35	\$4.23	\$10.58
\$94,000.01 - \$95,000	\$142,500	\$6.41	\$4.28	\$10.69
\$95,000.01 - \$96,000	\$144,000	\$6.48	\$4.32	\$10.80
\$96,000.01 - \$97,000	\$145,500	\$6.55	\$4.37	\$10.91
\$97,000.01 - \$98,000	\$147,000	\$6.62	\$4.41	\$11.03

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*Cost is \$0.075 per \$1,000: Employee cost is 60% or \$0.045/\$1,000; City cost is 40% or \$0.030/\$1,000

Workers' Compensation
If you are injured at work, you will be covered by the City's self-insured Workers' Compensation program. You are covered as soon as you start work. For more information on this program, contact your department's Human Resources Representative.

	Well-Being Programs
Reach	 Reach is the City's online and app-based well-being program for employees and spouses/domestic partners. Reach combines tools, educational content and engaging activities to support physical, emotional, and financial well-being goals. Learn how to manage stress or achieve better work/life balance Connect with health advocacy services for benefit and clinical questions Get involved in your community Make healthier choices and take action to improve your health Create a budget, manage debt or plan for future retirement. To start using Reach, go to cityofseattle.limeade.com and register. For access to Reach on the go, download the Limeade app and enter the City of Seattle code: seattle.
Employee Assistance Program (EAP)	The EAP provides confidential counseling and mental health support for such issues as eating disorders, stress, family relationship concerns, work-related problems, financial issues, and alcohol and drug problems. Help is available for you and your household members through Resources for Living. Services also include childcare referral, eldercare information, and financial and legal consultation. No enrollment is necessary.
	Employees and household members can receive six visits per issue per year. You may use select in-person counseling or access virtual support via Talkspace. Talkspace services include text, chat, and televideo counseling. A week of text correspondence counts as one of six visits.
	Employees may use six paid , non-leave hours per year for EAP visits. (Contact your supervisor to schedule time if you want to use paid time.) To reach Resources for Living, call 1-888-272-7252 or TTY 1-888-879-8274.
Hinge Health	Hinge Health is a program to help employees and their adult dependents with back and joint pain. The digital solution is available at no out-of-pocket cost.
	Hinge Health includes prevention, acute pain management, chronic pain recovery, and pre- or post-surgery support. Based on enrollment assessment results, member treatment options may include a virtual physical therapy visit for all joint and muscle groups, app-based exercise therapy, educational materials, expert medical opinion or a free tablet computer and wearable sensors.
	To enroll in Hinge Health, go to <u>hingehealth.com/cityofseattle</u> .

	Well-Being Programs
2 nd . MD	Effective July 1, 2nd.MD is available at no cost to you and your covered family members. This program is a virtual expert medical consultation and navigation service. They provide access to leading specialists for questions about diseases, cancer, or chronic conditions, surgeries or procedures, medication, and treatment plans. Call 1-866-841-2575 or download the 2nd.MD app.
Kinside	 All City of Seattle employees have access to Kinside's nationwide childcare network. Browse up-to-date openings at preschools, after-school programs, summer camps, and more. Pay providers online and take advantage of up to 20% on childcare discounts. You may pay online via ACH. No more clunky claims process. Create an Account: Visit join.kinside.com/city-of-seattle to create an account using your City of Seattle employee email address. Start Your Search: Enter your home address to view the daycares, after-school care, summer camps, and preschools closest to you, browse profiles, discounts, and more. Chat with a concierge for help with the heavy lifting to find the right care options for your family. Do you have a location in mind? Enjoy one-click touring and save on enrollment at partner providers. Let a concierge assist you with booking and enrollment.

Work Life Programs

Office of the Employee Ombud	The Office of the Ombud is a confidential, informal, and independent resource that serves all current City of Seattle employees. The mission of the Office of the Employee Ombud is to ensure that employees have access to a resource for informally addressing workplace concerns in a fair and equitable manner. To submit an anonymous report, please use the secure site at
	EthicsPoint (<u>https://oeointake.seattle.gov</u>). Once we receive your report, Ombud Office staff can contact you via the EthicsPoint portal or by phone or email, If you do not wish to use EthicsPoint, you can also call our intake line at 206-233-7850 or email the office at <u>ombud@seattle.gov</u> .
MyTrips	MyTrips is your employee commute options program. MyTrips is here to assist with all your commute options including transit, vanpool, carpool, bike, and walk. Take a look at the program overview in this <u>flyer</u> . Explore your program and join the majority of employees who do not drive alone to work. Request a personalized tripplan, qualify for a Guaranteed Ride Home in the event of a personal, family or medical emergency, and earn rewards for campaigns by logging your trips in the Commute Calendar. Explore your options and find your commute today.
	New employees will receive a welcome email from <u>MyTrips</u> during onboarding. Existing employees, visit <u>MyTrips</u> , your employee commute options hub to find out more about your program and see what is new.
	Any questions, reach out to MyTrips at <u>MyTrips@seattle.gov</u> or 206-445-4401.

	Le	eave P	olicies	5			
Vacation	You earn vacation ba pay period. Vacation period. (See the vaca regular pay status eq rate is 12 days per ye increases to 20 days year of service after to You can accumulate of vacation you have may also view this in	hours are ad tion accrual ual one year ear for your f per year afte that to a mas two times yo earned and	ccumulated chart below of full-time irst four yea er 20 years o ximum of 30 our annual v not used is	on a ma y.) Appr employ ars of se of servic days. acation shown o	aximum of oximately yment. Yo rvice. The e, with an without p on your bi	80 hours per 2,088 hours of ur vacation ac accrual rate g additional da	pay of crual raduall y per mount
Represented Employees - see your collective bargaining	Follow your departm Your unused vacation unless your union had vacation leave into D	n balance wi s elected to	ll be cashed participate i	out wh n VEBA	en you lea or you are	ave City emplo e eligible to de	fer you
agreements for provisions regarding leave policies.	Hours of Regular Pay Status	Years of Service	Vacation Accrued per Hour	Days per Year	Hours per Year	Maximum Balance	
	Less than 08321	0 to 4	.0460	12	96	192	
If any of this information differs	08321 to 18720	5 to 9	.0577	15	120	240	
from the union	18721 to 29120	10 to 14	.0615	16	128	256	
bargaining	29121 to 39520	15 to 19	.0692	18	144	288	
agreement, the	39521 to 41600	20	.0769	20	160	320	
bargaining agreement prevails.	41601 to 43680	21	.0807	21	168	336	
	43681 to 45760	22	.0846	22	176	352	
	45761 to 47840	23	.0885	23	184	368	
	47841 to 49920	24	.0923	24	192	384	
	49921 to 52000	25	.0961	25	200	400	
	52001 to 54080	26	.1000	26	208	416	
	54081 to 56160	27	.1038	27	216	432	
	56161 to 58240	28	.1076	28	224	448	
	58241 to 60320	29	.1115	29	232	464	
	60321 and over	30	.1153	30	240	480	

	Leave Policies
Sick Leave	Sick leave is a program that pays your wages if you must be absent from work because of your own medical appointments, personal illness, injury or disability, which makes you temporarily unable to perform your job or when you are absent because of medical appointments, illness, injury or disability of your spouse or domestic partner, parent, grandparent, sibling, grandchild or dependent child. You may also request sick leave for the non-medical care of a newborn or child recently placed for adoption, foster care or legal guardianship, closure of your worksite or your child's school or place of care by a public health official, and for reasons related to domestic violence, sexual assault or stalking. You are eligible to use available sick leave hours after 30 days of employment. Full-time employees accumulate 12 days or 96 hours of sick leave per calendar year, at the rate of .046 hours per hour on regular pay status. If you are absent more than four consecutive workdays, you must submit medical documentation to verify your absence. You may also need to provide return to work certification. When you retire through the City of Seattle Retirement System you are eligible to receive a cash equivalent of 25 percent of unused sick leave hours, unless your union has elected to participate in VEBA or you are eligible to defer your sick leave into Deferred Compensation. Check with your HR representative.

		Leave Policies	
Holidays	holidays either th the day a immedia more inf <u>seattle.g</u> applicab	per year. To qualify for a paid holida	erved holiday. However, if you returned aid leave for more than four days d not be eligible for holiday pay. For licies, consult Personnel Rule 7.6 at
		New Year's Day	Monday, 1/2/2023
		Martin Luther King Jr. Day	Monday, 1/16/2023
		President's Day	Monday, 2/20/2023
		Memorial Day	Monday, 5/29/2023
		Juneteenth	Monday, 6/19/2023
		Independence Day (observed)	Tuesday, 7/4/2023
		Labor Day	Monday, 9/4/2023
		Indigenous People's Day	Monday, 10/9/2023
		Veterans' Day	Friday, 11/10/2023
		Thanksgiving Day	Thursday, 11/23/2023
		Day following Thanksgiving	Friday, 11/24/2023
		Christmas Day (observed)	Monday, 12/25/2023
Emergency Day			ary 1, 2024. Is during the calendar year or you will
		t personal situation. Check your colle	gency day. This is a day to take care of ective bargaining agreement for more

	Leave Policies
Bereavement Leave	All employees, including temporary employees, are entitled to five days of paid time off for bereavement purposes due to the passing of a close relative. With supervisory approval, you make take vacation or discretionary time off not to exceed 5 days to mourn the death of a "relative other than a close relative" such as an aunt, friend, co- worker or other individual who is not a close relative.
Jury Duty	If you serve on jury duty during normal work hours, you will be paid your regular straight-time pay upon surrendering to the City any compensation you receive from the Court, less transportation allowance.
Military Leave	The City offers the following paid and unpaid leave programs for employees needing to time off work due to military events:
	 Paid Military Leave: The City provides up to 21 working days, exclusive of normal days off, of paid leave per fiscal year (October – September) without loss of service credit for employees who are members of the US armed forces, National Guard, or reserves, and need leave to report for required military duty, training or drills. This leave provides employees with their City pay and benefits at the same pay rate and under the same conditions as if they were at work.
	• Military Leave of Absence (LOA): Unpaid Military Leave of Absence provides employees an unpaid leave of absence to enter active duty for the United States Military. It also guarantees a return to their position upon release from active duty, provided they meet the set criteria.
	• Military Spouse Leave of Absence (Spouse LOA): Refers to a 15-day unpaid leave provided to employees whose spouse is a member of the Armed Forces, National Guard, or Reserves and who has been notified of an impending call or order to active duty and before deployment, or whose military spouse is on leave from deployment.
	• Family Medical Leave (FML) Military Exigency: Eligible employees are granted up to 90 days (13 weeks) of unpaid, job-protected Family and Medical Leave in a 12-month rolling period for a "qualifying exigency" arising out of a foreign deployment of the employee's spouse, parent, son or daughter.
	• Family Medical Leave (FML) Military Caregiver Leave: Employees are granted up to 26 weeks of unpaid, job-protected Family and Medical Leave in a 12-month rolling period to care for their spouse, parent, child, or next of kin of a covered military service member with a serious injury or illness. Covered military members may be either a current servicemembers or a veteran of the armed forces.

	Leave Policies
Paid Family Care Leave	The City provides eligible employees up to four weeks (160 hours) of paid leave to care for a qualifying family member with a serious health condition under an approved Family and Medical Leave.,. Hours are pro-rated for part-time employees. Employees are eligible to use the leave completing consecutive six months of employment in a benefitted position or temporary assignment and if they have not exhausted their FML entitlement hours. The use of Paid Family Care Leave counts against the Family and Medical Leave entitlement hours. To apply for this leave, please contact your <u>department's leave & ADA coordinator</u> .
Paid Parental Leave	 department's leave & ADA coordinator. The City of Seattle's Paid Parental Leave program provides eligible employees up to 12 weeks paid leave to bond with their new child. These hours are pro-rated for part time employees. Employees become eligible for this leave after completing 6 months of employment in a benefit eligible position and if they experience one of the following qualifying events: Birth of a child; placement of a child for adoption; placement of a child for foster care; placement of a child for legal guardianship The employee, in addition to the leave application, must also submit a record of birth or placement to the City. The employee must use the leave by the first anniversary of the child's birth or placement. To apply for this leave, please contact your department's leave & ADA coordinator.

Washington State Paid Family and Medical Leave

Washington's Paid Family and Medical Leave is an insurance program funded through premiums paid by the City of Seattle and employees. It offers partially paid leave for qualifying medical, family and certain military connected events. The program covers between 12 and 18 weeks of paid leave for a qualifying event, depending on the circumstances. For more information, please visit the Washington State Employment Security Department's website at https://www.paidleave.wa.gov/.

To apply for this State benefit with the Washington State <u>Employment Security Department</u> (ESD), you can contact ESD directly at 1 (833) 717-2273 or submit your online application at <u>www.paidleave.wa.gov.</u>

		R	etirement	
Deferred Compensation Savings Plan	administe allows you Contribut are imme- several im For more Consultan Education hours. Or Represent Friday and Plan webs • Yo an 85 • Yo an 85 • Yo an ww • Yo • Yo acc • Yo reg • Ha Pla • Yo vac de	participate in f red by Nation u to save a po- ions are made diately 100% v vestment opti information, r it in the Seattl consultants a please contact tatives are avaid Saturday 6:0 <u>site</u> . u may start, si y time at <u>www</u> 5-550-1757. u may contrib nual taxable in vw. <u>cityofseatt</u> u do not pay f u can apply fo count balance u are eligible f gardless of age rdship withdr an Trust Comn u can contribu- cation payout ferral limit for u may consoli o your Deferr	the City of Seattle Voluntary wide. You may enroll any ti- rition of your paycheck to su- e through pre-tax or after-ta- vested in any contributions ions to diversify your saving reach out to an on-site Defe le Municipal Tower (Floor 1 are available Monday throu et Nationwide at 855-550-17 ailable from 5:00 am to 8:00 00 am to 3:00 pm. You can a top or change the amount of w.cityofseattledeferredcom oute as little as \$10 per pay income up to the annual lime tedeferredcomp.com_ federal income tax on your or a loan, not to exceed the ex- to withdraw your money or e. awals are available, subject nittee. ute a portion of your sick lead to your account when you of the year in which you retire date prior retirement plans ed Compensation Plan account of the seation Plan account of t	erred Compensation Education 6, Suite 1635) at 206-447-1924. Igh Friday during normal business 757. Customer Service 0 pm Pacific Time, Monday through also access your account 24/7 on the of your deferrals (contributions) at p.com or by calling period and as much as 50% of your it published on pre-tax money until it is withdrawn. lesser of \$50,000 or half your hly when you leave City service, to IRS rules and approval by the ave balance (if eligible) and all your retire up to your unused annual re. 5 (457, 403(b), 401(k), 401(a) and IRA punt too.
		Year	Regular Contributions Limit	Additional Contribution Limit for employees age 50 plus
		2023	\$20,500	\$7,500
			Limit	Limit for employees age 50 plus

Retirement				
City Retirement System	There are three opportunities when a temporary employee may elect membership inthe Seattle City Employees' Retirement System			
	 At the completion of 1,044 hours of City employment, the equivalent of 6months' full-time work After completing 10,440 hours of City employment, the equivalent of 5 years'full-time work When appointed to a regular position of City employment, you may join theRetirement System and purchase prior credit, provided this occurs before completion of 10,440 hours of City employment. Contact the Retirement Office (206-386-1292) for more information. 			
Retirement System Death Benefit	Contact the Retirement Onice (206-386-1292) for more information. Temporary employees who participate in the Retirement System are automatic members of the Death Benefit Program. The intended purpose of this policy is to be anadjunct to your burial insurance. The benefit is \$2,000 and payable only to the beneficiary. The premium is \$12.00 per year, deducted from the first paycheck of the year. The policy has no cash value for the retiree.			

	Glossary
Balance billing	The amount over and above your co-insurance amount that you may be required to pay if you use a non-network provider. See the explanation for Paying out-of- network claims that bills more than Aetna's allowable amount on page 53.
Coinsurance	The arrangement by which both the Plan and the employee share a specified ratio of the covered expenses under the policy. For example, the Aetna Open Choice Traditional Plan pays 80% of most covered expenses while the employee pays the remaining 20% of covered expenses once the deductible has been met.
Сорау	A fee paid at the time a medical or dental service is provided. A copay may be a percentage of charges, but is usually a flat fee. In general, copayments may not be applied toward the coinsurance or out-of-pocket deductibles.
Deductible	The amount of covered expenses that must be incurred before and Plan benefits are paid. The deductible is set on an annual basis and there are individual and family deductibles.
	Expenses as defined in the health plan as being eligible for coverage. This could involve specified health services fees or "reasonable and customary charges."
Eligible Expenses Formulary	A list of preferred brand-name and generic drugs. Drugs are selected for inclusion based on evaluation criteria developed by each Plan. Formularies are different depending on the Plan, and may change to include new drugs or to drop brand- name drugs as generic equivalents become available.
Generic Drug	A drug which contains the same active ingredients in the same amounts as the brand-name product, although it may differ in color, shape or size from the brand- name product. It is produced after the brand name drug's patent has expired. It is also called a "generic equivalent."
	A medical provider, such as a physician, who has a signed contract to participate in a health plan. Also known as a preferred provider.
Network Provider	A provider who has not signed a contract with a health plan. Also known as a non- preferred provider.
Non-network Provider	The amount not covered by the plan that the plan member pays. This includes such things as coinsurance, deductibles, etc.
Out-of-Pocket Cost Out-of-Pocket Limit (Out-of-Pocket Maximum)	The amount of copays and/or coinsurance an individual will be required to pay within a calendar year before most covered expenses are covered in full.

Glossary				
Pre-existing condition	A physical condition that existed prior to the effective date of a policy. In many health policies, these are not covered until after a stated period of time has elapsed. The City's medical plans cover all pre-existing conditions.			
Preferred Provider	A medical provider, such as a physician, who has a signed contract to participate in a health plan. Also known as a network provider			
Preventive Care	Care that consists of routine physical examinations and immunizations. The emphasis is on preventing illnesses before they occur.			
Recognized Charge	The charge determined by Aetna on a semiannual basis to be in the 70 th percentile of the charges made for a service or supply by providers in the geographic area where it is furnished.			

Who to Contact if You Have Questions

If you have questions, contact the following organizations by phone or obtain information through their web sites. The Seattle Department of Human Resources Benefits Unit can be reached at 206-615-1340.

		https://login.myaccolade.com/login
Accolade	866-540-5418	
Aetna	866-540-5418	<u>Aetna.com</u>
		Custom Doc Find:
		aetna.com/dsepublic/#/cityofseattle
Kaiser Permanente	888-901-4636	KP.org/wa
VSP	800-877-7195	vsp.com
		Click on "Members"
Delta Dental of Washington	206-522-2300 or	DeltaDentalWa.com
(DDWA)	800-554-1907	
Dental Health Services	206-788-3444	DentalHealthServices.com/cityofseattle
	877-495-4455	
Nationwide Retirement	855-550-1757	www.cityofseattledeferredcomp.com
Local Representative	206-447-1924	
Employee Assistance	888-272-7252	ResourcesForLiving.com
Program	TTY: 888-879-8274	User name: city of seattle
		Password: city of seattle
Life, LTD		Your department's Benefits Representative
City's	206-615-1340	seattle.gov/human-resources/benefits
Benefits Unit		
Employee Self-Service		seattle.gov/ess/